



2022 PLASTIC POLICIES

Congregation of the Sisters of the Sorrowful Mother



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March 4, 2022

Dear Sisters,
Greetings!

I am writing to you at a time when we are all saddened by the situation in our world.

Pope Francis is very correct when he says, war kills people and destroys the earth.

I encourage you in your Regions and Delegations to continue to pray and do all that you can to support those who are suffering.

As Franciscans, we have been trying to do what we can to address the “cry of the earth and the cry of the poor”. Our 20th General Assembly of 2007 stated: “We need to concentrate on timely issues, particularly, destruction of the earth, disintegration of family life, violence toward women/children, and immigration.” In 2017, our 22nd General Assembly called us to ‘Promote collaboration, intercultural understanding and respect for all of creation throughout the congregation’. (Direction #2)

With the 2021 development of the Laudato Si Platform and the call for Religious Congregations to act, I am asking that as a congregation we focus on trying to significantly reduce or even eliminate the use of single-use-plastic. I am aware that some Regions and Delegations have already begun. In these instances, we are asking that you review and evaluate what you are already doing and discuss with the sisters the appropriate adaptation to your policy and in cases where this is new you have a great opportunity to develop what is appropriate.

Please see the attachment.

God’s blessings as you discern and plan a response.

Sr. Catherine Marie Hanegan
General Superior

Attachment

“Throwing plastic in the sea is criminal and kills the earth. It kills biodiversity, it kills the earth, it kills everything. Poor people rely on the sea for their work and livelihood. Take care of the sea, no plastic in the sea!” Pope Francis (February 6, 2022)

Plastic Policy: The General Council took the decision at the February 23-24, 2022 council meeting to call and encourage all areas of the Congregation to implement a local policy that will reduce and ultimately eliminate the use of single-use-plastic.

Rationale for Policy: To heed the Vatican’s call and to implement the Laudato Si Action Plan

On May 24, 2021, Pope Francis launched the Vatican’s Seven-Year Laudato Si action plan to implement environmental sustainability. The Seven-Year plan known as the Laudato Si Action Platform focuses on seven sectors: Religious Orders, Families, Parishes, Catholic schools, Hospitals, Businesses, and Organizations.

The action plan also has seven goals:

- * the response to the cry of the earth,
- * the response to the cry of the poor,
- * ecological economics,
- * adoption of simple lifestyles,
- * ecological education,
- * ecological spirituality,
- * community involvement

We are inviting you to dialogue with the sisters of your Region and Delegation to discern the best policy and lifestyle changes that will facilitate a significant reduction in single-use plastic or it’s elimination. We do this in the spirit of Pope Francis who ask, “for a new dialogue about how we are shaping the future of our planet” (LS,14.)

Fr. Joshtrom Kureethadam, who leads the Ecology and Creation Section of the Vatican Dicastery explained, that the first year of the initiative is dedicated to “drawing up concrete action plans” followed by five years of concrete action with the final year dedicated to the “praise and thanks to God”.

Pope Francis emphasizes that in our reflection on the environment we must make central the connection between the cry of the poor and the cry of the earth. If we pollute and neglect the earth and fray the relationships that keep it fertile and sustaining, we trigger the droughts in which poor people starve and pollute the waters that they drink.

Please send your plan to the General Council for our March 30-31 meeting or our April 21 meeting.

Thanking you in advance.

Sr. Catherine Marie Hanegan
General Superior

Sr. Julie Marie Peters
Assistant General Superior

Sr. Gudrun Schellner
Councilor

Sr. Anna Maria Buchini
Councilor

4 marzo 2022

Care Suore,
Saluti!

Vi scrivo in questo tempo in cui siamo tutte rattristate dalla situazione in cui versa il nostro mondo.

Papa Francesco ha perfettamente ragione quando afferma che la guerra uccide le persone e distrugge la terra.

Vi incoraggio nelle vostre Regioni e Delegazioni a continuare a pregare e a fare tutto quello che potete per sostenere coloro che stanno soffrendo.

Come francescane, stiamo cercando di fare il possibile per rispondere al “grido della terra e al grido dei poveri”. Il nostro 20° Capitolo Generale nel 2007 afferma: “Dobbiamo focalizzarci su questioni odierne, in modo particolare la distruzione della terra, la disintegrazione della famiglia, la violenza verso le donne e i bambini e l’immigrazione.” Nel 2017, il nostro 22° Capitolo Generale ci ha chiamate a “Promuovere collaborazione, comprensione interculturale e rispetto per tutta la creazione, in tutta la congregazione”. (Direzione #2)

Con lo sviluppo del 2021 della Piattaforma Laudato Si' e l'appello alle Congregazioni Religiose ad agire, chiedo che come congregazione ci concentriamo sul tentativo di ridurre significativamente o addirittura eliminare l'uso di plastica monouso. Sono consapevole che alcune Regioni e Delegazioni hanno già iniziato. In questi casi, vi chiediamo di rivedere e valutare ciò che state già facendo e discutere con le suore gli opportuni aggiornamenti della vostra normativa e nei casi in cui ciò sia una novità avete una grande opportunità per sviluppare gli interventi appropriati.

Si prega di vedere l'allegato.

Dio vi benedica mentre discernete e organizzate una risposta.

Sr. Catherine Marie Hanegan
Superiora Generale

Allegato

“4 marzo 2022

“Gettare la plastica in mare è criminale e uccide la terra. Uccide la biodiversità, uccide la terra, uccide tutto. I poveri dipendono dal mare per il loro lavoro e il loro sostentamento. Prendetevi cura del mare, niente plastica nel mare!” Papa Francesco (6 febbraio 2022)

Normativa sulla Plastica: Il Consiglio Generale alla riunione del 23-24 febbraio 2022 ha preso la decisione di chiamare e incoraggiare tutte le aree della Congregazione ad attuare una normativa locale che riduca e infine elimini l'uso della plastica monouso.

Direzione della normativa:

Rispondere alla chiamata del Vaticano e implementare il Piano d'Azione Laudato Si'

Il 24 maggio 2021, Papa Francesco ha lanciato il piano d'azione settennale della Laudato Si' del Vaticano per attuare la sostenibilità ambientale. Il piano settennale noto come Piattaforma d'azione Laudato Si' si concentra su sette settori: ordini religiosi, famiglie, parrocchie, scuole cattoliche, ospedali, imprese e organizzazioni.

Il piano d'azione ha anche sette obiettivi:

- * risposta al grido della Terra,
- * risposta al grido dei poveri,
- * economia ecologica,
- * adozione di stili di vita sostenibili,
- * istruzione ecologica,
- * spiritualità ecologica,
- * resilienza e valorizzazione della comunità

Vi invitiamo a dialogare con le suore della vostra Regione/Delegazione per discernere la migliore normativa e i cambiamenti dello stile di vita che faciliteranno una riduzione significativa della plastica monouso o la sua eliminazione. Facciamo ciò nello spirito di Papa Francesco, che ci invita a “rinnovare il dialogo sul modo in cui stiamo costruendo il futuro del pianeta” (LS,14.)

P. Joshtrom Kureethadam, che guida la Sezione Ecologia e Creazione del Dicastero Vaticano, ha spiegato che il primo anno dell'iniziativa è dedicato alla "stesura di piani d'azione concreti" seguito da cinque anni di azioni concrete con l'ultimo anno dedicato alla "lode e ringraziamento a Dio”.

Papa Francesco sottolinea che nella nostra riflessione sull'ambiente dobbiamo rendere centrale la connessione tra il grido dei poveri e il grido della terra. Se inquiniamo e trascuriamo la terra e logoriamo le relazioni che la mantengono fertile e nutriente, scateniamo le siccità in cui i poveri muoiono di fame e inquiniamo le acque che bevono.

Vi preghiamo di inviare il vostro piano al Consiglio Generale per la nostra riunione del 30-31 o per quella del 21 aprile.

Ringraziandovi in anticipo.

Sr. Catherine Marie Hanegan
Superiora Generale

Sr. Julie Marie Peters
Assistente Superiora Generale

Sr. Gudrun Schellner
Consigliera Generale

Sr. Anna Maria Buchini
Consigliera Generale

**Action Plan of the Delegation Austria
(Status April 2022)**

Inventory: What we are already doing to avoid single-use plastic and other waste:

- We buy beverages only in reusable glass bottles instead of plastic bottles.
 - We use glass bottles or thermos flasks as drinking bottles on the go.
 - We buy fruit yogurt in deposit jars instead of plastic cups.
 - We make an effort to buy groceries locally and always have a shopping cart or our own cloth bags with us.
 - When we buy bread, we have a "bread cloth bag" for it that we only use for bread purchases. This way we don't need paper packaging either, but get the bread directly into the cloth bag.
 - We order cereal flakes from our organic farmer, who sells the cereal flakes packed in a paper bag.
 - We buy tea and other products from Sonnentor, whose packaging is plastic-free.
 - We buy more fairtrade products, which are more expensive, but which we know are both ecological (no use of pesticides) and social (fair wages, fair working conditions for the workers), e.g. chocolate Easter bunnies, chocolate Santa Clauses, coffee.
 - We buy chocolate broken goods, which are unpacked, from a factory (Manner company).
 - For special celebrations we sometimes order a hot lunch in a restaurant. Already when ordering we announce that we will pick up the food with our own dishes. This way we avoid disposable packaging.
- We do a similar thing when we bring home ice cream in the summer.
- We have not used disposable tableware for many years. At festivals, we use porcelain dishes that are washed.
- During Advent, when we sell punch (in the kindergarten), parents are asked to bring their mugs from home. There are solid plastic cups for the children that can be washed.
- We buy solid soap that is not packaged in plastic and does not contain microplastics, instead of liquid soap and hair shampoo in plastic bottles.
 - We use combs, hairbrushes and toothbrushes made of wood.
 - We use dental floss that is not plastic and packaged in paper.
 - We buy paper tissues in tissue pull-out boxes that are plastic-free.
 - We use plastic disposable packaging that we can't avoid as trash bags (e.g. packaging of toilet paper), reducing/avoiding the purchase of new plastic trash bags.
 - We have beeswax wipes or plastic containers to wrap food in when we take food on the go.
 - We make an effort to repair broken things instead of throwing them away and buying new ones (e.g. shoes, household supplies).

Goals split on the Laudato Si action plan:

1. responding to the cry of the earth.

- ☺ Increased use of clean and renewable energy and reduction of fossil fuels (switching oil heating to district heating or pellet heating) to achieve carbon neutrality.

2. Responding to the cry of the poor.

- ☺ Financial and non-material support to Solwodi, SOS Balkan Route, etc.
- ☺ defense of human life with special attention to disadvantaged groups such as migrants and refugees (reception of Ukrainian refugees in the Vienna Convention)

3. Ecological economy

- ☺ Oikocredit and other ethical financial investments; financial investment in renewable forms of energy.

4. adoption of a simple lifestyle.

- ☉ Abstaining from consuming foods that have a lot of environmentally harmful packaging.
- ☉ Choosing a more plant-based diet and consuming less meat, using public transportation more often, and avoiding polluting means of transportation (airplane, car).

5. Ecological education

- ☉ holistic ecology in a way that stimulates environmental awareness and action and promotes ecological viewpoints among young people, teachers, and leaders of educational institutions

6. Ecological spirituality

- ☉ Prayer for the earth
- ☉ recover a religious vision of God's creation, encourage closer contact with nature in admiration, praise, joy, and gratitude, promote creation-centered liturgical celebrations

7. community engagement.

- ☉ SSM Creation Time International.

Addressing the issue of creation

- Monthly day of silence on the different themes of Laudato Si and design of the foyer in Vienna (school year 2020/2021).
- Actions during the month of creation (September 2021):
 - Creation prayer with all senses (outdoors).
 - Stuffing socks instead of buying new ones!
 - Lecture "Ecological conversion according to Laudato Si' of Pope Francis" with P. Dr. Franz Helm SVD
 - Make your own soap with Charly
 - Collecting garbage in the surroundings of the monastery
- Zoom lectures with discussion - 'live more with less':
 - 'with less' ... living plastic-free - with Sandra Krautwaschl (physiotherapist, author, politician).
 - 'MORE' ... commitment for others - with Simone Blümel (mission in Ghana), Jana Roschitz (FSJ, Voluntary Religious Year) and Lydia Steininger (missions in Congo and Guatemala)
 - 'live' ... consciously live Christian - with Agnes Jedletzberger (early interventionist, mom), Thomas Perkonig (doctor) as well as Br. Stefan Kitzmüller OFM (Franciscan)
- Franciscan Hope Trail (cooperation with Fr. Stefan Kitzmüller ofm): From our monastery in Vienna on foot with young adults to places of hope. We visited a community garden, food rescue and learning café. The conclusion was in the Franciscan monastery with an open-air Eucharistic celebration.

Planned projects to take further steps in the spirit of Laudato Si.

- Visit to a plastic-free store (e.g. NowWow, 1070 Vienna; Lieber Ohne - organic, regional & unpackaged goods, Otto-Bauer-Gasse 8-10, 1060 Vienna) to see where else we can switch to plastic-free products. (Spring 2022)
- Self-production of thick juices (e.g. lemon balm juice, elderberry juice) in order to no longer have to buy thick juices in disposable glass / disposable plastic bottles (spring / summer 2022)
- Switch to plastic-free alternatives for hygiene products, e.g. toilet paper in paper packaging, panty liners made of fabric (fall 2022)
- Convert oil heating to pellet heating (summer 2022 / before the next heating period?)

Aktionsplan der Delegation Österreich (Stand April 2022)

Bestandsaufnahme: Was wir schon tun, um Einwegplastik und anderen Müll zu vermeiden:

- Wir kaufen Getränke nur mehr in Mehrweg-Glasflaschen statt in Plastikflaschen.
- Wir verwenden Glasflaschen oder Thermosflaschen als Trinkflaschen für unterwegs.
- Wir kaufen Fruchtojoghurt im Pfandglas statt in Plastikbechern.
- Wir bemühen uns, Lebensmittel regional einzukaufen und haben immer einen Einkaufswagen oder eigene Stofftaschen mit.
- Wenn wir Brot einkaufen, haben wir dafür eine „Brot-Stofftasche“, die wir nur für den Broteinkauf verwenden. So brauchen wir auch keine Papierverpackung, sondern bekommen das Brot direkt in die Stofftasche.
- Wir bestellen Getreideflocken bei unserer Biobäuerin, die die Getreideflocken im Papiersack verpackt verkauft.
- Wir kaufen Tee und andere Produkte bei der Fa. Sonnentor, deren Verpackungen plastikfrei sind.
- Wir kaufen vermehrt fairtrade Produkte, die zwar teurer sind, von denen wir aber wissen, dass sie sowohl ökologisch (kein Einsatz von Pestiziden) als auch sozial (fairer Lohn, faire Arbeitsbedingungen für die ArbeiterInnen) sind, zB Schoko-Osterhasen, Schoko-Nikoläuse, Kaffee.
- Wir kaufen Schokolade-Bruchware, die unverpackt ist, in einer Fabrik (Fa. Manner).
- Zu besonderen Festen bestellen wir manchmal ein warmes Mittagessen in einem Restaurant. Schon bei der Bestellung geben wir bekannt, dass wir das Essen mit unserem eigenen Geschirr abholen. So vermeiden wir Einwegverpackungen.

Ähnlich machen wir es auch beim nach Hause bringen von Eis im Sommer.

- Schon seit vielen Jahren verwenden wir kein Einweggeschirr. Bei Festen wird Porzellangeschirr verwendet, das gewaschen wird. Im Advent beim Verkauf von Punsch (im Kindergarten) werden die Eltern gebeten, ihr Häferl von zu Hause mitzubringen. Für die Kinder gibt es feste Kunststoffbecher, die gewaschen werden können.
- Wir kaufen feste Seife, die nicht in Plastik verpackt ist und kein Mikroplastik enthält, statt Flüssigseife und Haarshampoo in Plastikflaschen.
- Wir verwenden Kämme, Haarbürsten und Zahnbürsten aus Holz.
- Wir verwenden Zahnseide, die nicht aus Plastik und in Papier verpackt ist.
- Wir kaufen Papiertaschentücher in Taschentuch-Rauszieh-Boxen, die plastikfrei sind.
- Wir verwenden Plastikeinwegverpackungen, die wir nicht umgehen können, als Müllsäcke (zB Verpackung des WC-Papiers) und reduzieren/vermeiden so den Kauf von neuen Plastikmüllsäcken.
- Wir haben Bienenwachstücher oder Kunststoffbehälter zum Einpacken von Essen, wenn wir für unterwegs Essen mitnehmen.
- Wir bemühen uns, kaputte Dinge zu reparieren, anstatt wegzuschmeißen und neu zu kaufen (zB Schuhe, Haushaltsbedarf).

Auf den Laudato Si Aktionsplan aufgeteilte Ziele:

1. die Antwort auf den Schrei der Erde

☺ Stärkere Nutzung sauberer und erneuerbarer Energie und Verminderung von fossilen Brennstoffen (Umstellung der Ölheizung auf Fernwärme oder Pelletsheizung), um die Kohlenstoffneutralität zu erreichen

2. die Antwort auf den Schrei der Armen

☺ Finanzielle und ideelle Unterstützung von Solwodi, SOS Balkanroute, etc.

☺ Verteidigung des menschlichen Lebens unter besonderer Berücksichtigung von benachteiligten Gruppen wie Migranten und Flüchtlingen (Aufnahme von Ukrainischen Flüchtlingen im Konvent Wien)

3. ökologische Wirtschaft

☺ Oikokredit und andere ethische Geldanlagen; Geldanlage in erneuerbare Energieformen.

4. Annahme eines einfachen Lebensstils

- ☺ Verzicht auf den Konsum von Lebensmitteln, die viel bzw. umweltschädliche Verpackungen haben.
- ☺ Wahl einer mehr auf Pflanzen basierenden Ernährung und eines geringeren Fleischverbrauchs, häufigere Nutzung von öffentlichen Verkehrsmitteln und Vermeidung von umweltbelastenden Beförderungsmitteln (Flugzeug, Auto)

5. ökologische Erziehung

- ☺ ganzheitliche Ökologie so gestalten, dass Umweltbewusstsein und Umweltaktionen angeregt werden und ökologische Gesichtspunkte bei Jugendlichen, Lehrkräften und Leitern von Bildungseinrichtungen gefördert werden

6. ökologische Spiritualität

- ☺ Gebet für die Erde
- ☺ eine religiöse Vision von Gottes Schöpfung wiedergewinnen, zum engeren Kontakt mit der Natur in Bewunderung, Lob, Freude und Dankbarkeit ermutigen, schöpfungszentrierte liturgische Feiern fördern

7. Engagement für die Gemeinschaft

- ☺ SSM Schöpfungszeit international

Auseinandersetzung mit dem Thema Schöpfung

- Monatlicher Tag der Stille zu den verschiedenen Themen von Laudato Si und Gestaltung des Foyers in Wien (Schuljahr 2020/2021)
- Aktionen im Monat der Schöpfung (September 2021):
 - Schöpfungsgebet mit allen Sinnen (im Freien)
 - Socken stopfen statt neu kaufen!
 - Vortrag „Ökologische Umkehr nach Laudato Si“ von Papst Franziskus“ mit P. Dr. Franz Helm SVD
 - Selbst Seife herstellen mit Charly
 - Müll sammeln in der Umgebung des Klosters
- Zoom-Vorträge mit Diskussion – ‚mit weniger mehr leben‘:
 - ‚mit weniger‘ ... plastiklos leben – mit Sandra Krautwaschl (Physiotherapeutin, Autorin, Politikerin)
 - ‚MEHR‘ ... Einsatz für andere – mit Simone Blümel (Einsatz in Ghana), Jana Roschitz (FSJ, Freiwilliges Ordensjahr) sowie Lydia Steininger (Einsätze in Kongo u. Guatemala)
 - ‚leben‘ ... bewusst christlich leben – mit Agnes Jedletzberger (Frühförderin, Mama), Thomas Perkonig (Arzt) sowie Br. Stefan Kitzmüller OFM (Franziskaner)
- Franciscan Hope Trail (Kooperation mit P. Stefan Kitzmüller ofm): Von unserem Kloster in Wien zu Fuß unterwegs mit jungen Erwachsenen zu Orten der Hoffnung. Wir besuchten einen Gemeinschaftsgarten, die Lebensmittelrettung und das Lerncafé. Der Abschluss war im Franziskanerkloster mit einer open-air-Eucharistiefeier

Geplante Vorhaben, um weitere Schritte im Sinne von Laudato Si zu setzen

- Besuch eines plastiklos-Geschäfts (zB NowWow, 1070 Wien; Lieber Ohne – bio, regionale & unverpackte Waren, Otto-Bauer-Gasse 8-10, 1060 Wien), um zu sehen, wo wir noch auf plastikfreie Produkte umsteigen können. (Frühjahr 2022)
- Selbstherstellung von Dicksäften (zB. Zitronenmelissensaft, Holundersaft), um keine Dicksäfte in Einwegglas-/Einwegplastikflaschen mehr kaufen zu müssen (Frühjahr / Sommer 2022)
- Bei Hygieneartikeln auf plastikfreie Alternativen umsteigen zB. WC Papier in Papierverpackung, Slipeinlagen aus Stoff (Herbst 2022)
- Umstellung der Ölheizung auf Pelletsheizung (Sommer 2022 / vor der nächsten Heizperiode?)

DELEGAÇÃO MADRE FRANCISCA STREITEL

Project: The Planet asks for help

Target Audience

Sisters, Employees, children, teenagers, youth and family members

Main goal

Eliminate the use of plastics

Specific objective

- Sensitize each one of us and all the people around us to reduce the use of plastics.
- Eliminate the use of plastic inside our homes and ministries.
- Develop care for the most sustainable planet.
- Encourage the community to separate recyclables.
- Create a collection point.
- Understand the decomposition period of each element in the environment

Goals

- Sisters, staff, students and family members of the Billy Gancho School
- Sisters, employees, children, adolescents and family members of the Mãe Dolorosa Nucleus
- Sisters, staff and encounters of the Mother Dolorosa Shelter

Indicator

- Survey of use of plastics.
- Decomposition of plastics in the soil.
- Training for a team of multipliers
- Training for the largest number of people involved in our projects and Ministries.

Expected result

- Elimination of the use of plastics.
- Manufacture of fabric bags, newspapers
- Use of biodegradable products
- Sales or donation of recyclable materials.
- Garbage separation.
- Create a plastic pickup location
- Search for places where glass, metals and plastics are collected.

DELEGAÇÃO MADRE FRANCISCA STREITEL

Action Plan - Project: Planet Calls for Help

Target Audience	General Objective	Specific Goals	Goals	When	Indicators	Who	Expected Results
Sisters, Staff, children, teens, youth and family members of our ministries.	Eliminate the use of plastics	+ Raise awareness in each of us and everyone around us in decreasing the use of plastics. + Eliminate the use of plastic within our homes and ministries.	+Presentation of the project in the ministries. + Elimination of the use of plastic in our communities and ministries.	April to July 2022	+ Plastic use survey. + Decomposition of plastics in the soil. + Survey of places where you collect glass, metals and plastics.	Ir. Lucilda, Ir. Lia, Janiele e Ir. Nair	+ Knowledge of how harmful plastic is to our planet.
		+ Develop care for the planet in a more sustainable way. + Instigate the community to separate recyclables. + Create a collection station. + Understand the decomposition period of each element in the environment		August to December 2022	* Training for a team of multipliers * Training for as many people as possible involved in our projects and ministries. * Confection of cloth bags to give to our employees and the assisted ones. + Evaluation	Ir. Lucilda, Ir. Elissandra e Ir. Nair	+ More multipliers that embrace the project. + Disclosure of the projects on social media to raise awareness among others.
				January to July 2023	+ Create a place for the collection of plastic. + Separate the garbage within the communities and in our ministries + Sensitize people to avoid using plastics.	Ir. Lia, Janiele e Ir. Nair	+ Raise awareness among people to collect and separate garbage.
				August to December 2023	+ Use of biodegradable products. + Evaluation	Ir. Anna Maria, Ir. Elissandra	+ Use of products that do not harm the soil and more awareness that we need to take care of our planet.

DELEGAÇÃO MADRE FRANCISCA STREITEL

Projeto: O Planeta pede socorro

Público Alvo

Irmãs, Funcionários, crianças, adolescentes, jovens e familiares

Objetivo Geral

Eliminar o uso de plásticos.

Objetivo Específico

- Sensibilizar a cada uma de nós e a todas as pessoas ao nosso redor na diminuição do uso de plásticos.
- Eliminar o uso de plástico dentro de nossas casas e ministérios.
- Desenvolver o cuidado pelo planeta mais sustentável.
- Instigar a comunidade a separar os recicláveis.
- Criar um posto de coleta.
- Compreender o período de decomposição de cada elemento no meio ambiente

Metas

- Irmãs, funcionários, alunos e familiares da Escola Billy Gancho
- Irmãs, funcionários, crianças, adolescentes e familiares do Núcleo Mãe Dolorosa
- Irmãs, funcionários e encontristas da Casa de acolhida Mãe Dolorosa

Indicador

- Levantamento de uso de plásticos.
- Decomposição dos plásticos no solo.
- Formação para uma equipe de multiplicadores
- Formação para o maior número de pessoas envolvidas nos nossos projetos e Ministérios.

Resultado esperado

- Eliminação do uso de plásticos.
- Confecção de bolsas de tecidos, jornais
- Uso de produtos biodegradável
- Vendas ou doação de materiais recicláveis.
- Separação do lixo.
- Criar um local para recolhimento de plástico
- Pesquisa de locais onde recolhe vidros, metais e plásticos.

DELEGAÇÃO MADRE FRANCISCA STREITEL

Plano de ação - Projeto: Planeta pede Socorro

Público Alvo	Objetivo Geral	Objetivos Específicos	Metas	Quando	Indicadores	Quem	Resultados esperados
Irmãs, Funcionários, crianças, adolescentes, jovens e familiares dos nossos ministérios.	Eliminar o uso de plásticos	+ Sensibilizar a cada uma de nós e a todas as pessoas ao nosso redor na diminuição do uso de plásticos. + Eliminar o uso de plástico dentro de nossas casas e ministérios.	+ Apresentação do projeto nos ministérios. + Eliminação do uso de plástico nas nossas comunidades e nos nossos ministérios.	Abril a Julho 2022	+ Levantamento de uso de plásticos. + Decomposição dos plásticos no solo. + Pesquisa de locais onde recolhe vidros, metais e plásticos.	Ir. Lucilda, Ir. Lia, Janiele e Ir. Nair	+ Conhecimento do quanto o plástico é prejudicial ao nosso planeta.
		+ Desenvolver o cuidado pelo planeta mais sustentável. + Instigar a comunidade a separar os recicláveis. + Criar um posto de coleta. + Compreender o período de decomposição de cada elemento no meio ambiente		Agosto a dezembro 2022	* Formação para uma equipe de multiplicadores * Formação para o maior número de pessoas envolvidas nos nossos projetos e Ministérios. * Confecção de bolsas de tecidos para doar aos nossos funcionários e assistidos. + Avaliação	Ir. Lucilda, Ir. Elissandra e Ir. Nair	+ Maior números de multiplicadores que abrace o projeto. + Divulgação dos projetos nas mídias social para que sensibilize outras pessoas.
				Janeiro a Julho de 2023	+ Criar um local para recolhimento do plástico. + Separar o lixo dentro das comunidades e nos nossos ministérios + Sensibilizar as pessoas a evitar o uso de plásticos.	Ir. Lia, Janiele e Ir. Nair	+ Sensibilizar as pessoas para que recolham e separem o lixo.
				Agosto a dezembro de 2023	+ Uso de produtos biodegradáveis. + Avaliação	Ir. Anna Maria, Ir. Elissandra	+ Uso de produtos que não prejudicam o solo e maior sensibilização de que precisamos cuidar do nosso planeta.

ST. FRANCIS OF ASSISI DELEGATION

Single Use Plastic Policy

Cognizant of the seriousness of the dangers single use plastics have on the environment of the, and its eventual harmful impacts on humans, especially its effects on the poor, we, the Sisters of the Sorrowful Mother of the St. Francis of Assisi Delegation are pleased to take the following action to address the “cry of the earth and the cry of the poor” as part of our Congregation’s overall plan and commitment.

Goals:- Reduce/ Reuse/ Re-cycle and Eliminate

1. Reduce the use of Single use plastics at our convents, the ministry of St. Rose Modern Secondary School, Franciscan Institute, and St Martin Retreat Centre with alternatives that will allow us to simplify our lifestyle, increase sustainability of creation, and implement the call of the Church through Laudato Si.
2. Replacing single-use plastics with greener alternatives -take the bio-degradable option
3. Use plastics that can be recycled
4. Raise awareness and educate through Community ministries, SSM youth ministry efforts and on our social media platforms.

Plan:

1. No further purchasing of single use plastic supplies with immediate effect (e.g. single use plastic bags, clingwrap, plastic cups, forks, knives or plates.
2. Choose glass packaging alternatives rather than plastics (e.g. Ketchup, yogurt) with immediate effect.
3. Where plastics cannot be avoided (items in supermarket) re-use the plastic packaging where possible or ensure that the biodegradable options are chosen with immediate effect;
4. Purchase non-plastic bottles, jars and containers for storing water, food and other personal daily use – this should be completed October 1st, 2022
5. Attach water filters to kitchen pipes by October 31st, 2022. Purchase “reusable” such a metal, glass bottles for sisters for water and other personal drinks.
6. Obtain Cloth and mesh food covers for convents and ministries by January 15th, 2023
7. Move from plastic bottle water dispensers to Water dispensers directly connected to water main by March 31st, 2023 (Franciscan Institute)
8. Organise an awareness/education session on the Zoom platform for Sisters of the Delegation. Presenter Aria Johnson – Ministry of the Environment, Grenada. May 2022
9. Use the Season of Creation to raise consciousness through face-to-face methods and Social media platforms to educate and evangelize on the topic of single use plastics – and its relationship to caring for our Common Home. May 2022 to May 2024
10. Establish a committee at the St Rose Modern Secondary School by May 1st, 2022 to look into a plan for the reduction or possible elimination of single use plastics within its operations, especially in the cafeteria over a two-year period (2022 – 2024)
11. Produce flyer for distribution on the dangers of plastics to the ecosystem, and alternatives to single use plastics. Place posters in strategic locations across our ministries and churches– October 31st, 2022. Share with our patrons the reasons why our ministries are moving away from the use of single-use plastics.
12. Choose one person from each household that will be responsible for ensuring that the houses establish these initiatives.

ST. FRANCIS OF ASSISI DELEGATION

Single Use Plastic Policy

Evaluation:

Sisters to present at each delegation meeting the progress of the implementation of their house specific initiatives.

1. Share any positive impacts/experience as a result of the initiative(s) implemented.
2. What new challenges have you experienced thus far and how have you attempted to deal with it.
3. What new invitations have this initiative invited the sisters to?
4. On a scale of 1 to 5 (with 5 being most adaptable and manageable) rate how well the sisters/or ministry personnel has been adjusting.
5. Share some feedback/responses of persons who have been impacted by the awareness campaign

DELEGATION DEUTSCHLAND

Plastic Policy

Abenberg, April 19 , 2022

We want to change our lifestyle in these areas to reduce single-use plastic:

Assumptions of a simple lifestyle

- Being and doing instead of having
- Quality instead of quantity
- Consuming less is at the same time waste avoidance
- Taking time to live mindfully

Buying packaging-free

- Shopping in unpacked stores
- Avoiding liquid soaps
- Not always looking for entertainment
- Going for a walk

Drinking more tap water

- Saves money and reduces plastic bottles

Buy regional products

- Eat less meat
- Buy organic produce from local farm stores when possible
- Grow your own garden vegetables and herbs

Ecological economy

- Support companies that produce sustainably
- who work in a fair and environmentally friendly way

Sr. Beate Nieberler
Delegation Leader

DELEGATION DEUTSCHLAND

Plastik-Politik

Abenberg, den 19. April 22

Wir wollen in diesen Bereichen unseren Lebensstil verändern, um Einwegplastik zu reduzieren:

Annahmen eines einfachen Lebensstils

- Sein und Tun statt Haben
- Qualität statt Quantität
- Weniger konsumieren ist gleichzeitig Müllvermeidung
- Zeit nehmen um achtsam zu leben

Verpackungsfrei kaufen

- In Unverpackten-Läden einkaufen
- Vermeiden von Flüssigseifen
- Nicht immer nach Unterhaltung zu suchen
- Spazieren zu gehen

Mehr Leitungswasser trinken

- Spart Geld und reduziert Plastikflaschen

Regionale Produkte kaufen

- ·weniger Fleisch essen
- ·wenn möglich Bio-Ware in Hofläden vor Ort kaufen
- eigenen Garten Gemüse und Kräuter anbauen

Ökologische Wirtschaft

- Firmen unterstützen, die Nachhaltig produzieren
- die fair und umweltschonend arbeiten

Sr. Beate Nieberler
Delegationsoberin

REGIONE SAN FRANCESCO D'ASSISI

Action Plan for the reduction and elimination of single-use plastics

***Laudato Si Objective: Adoption of Sustainable Lifestyles**

The Adoption of Sustainable Lifestyles is based on the idea of sufficiency and promotes sobriety in the use of resources and energy. Actions could include waste reduction and recycling, adopting sustainable eating habits (opting for a more plant-based diet and reducing meat consumption), increased use of public transportation, active mobility (walking, biking), and avoiding the use of single-use items (e.g., plastic).

ACTIONS TO IMPLEMENT PLASTIC POLICY

In the San Francesco d'Assisi Region, there is a growing awareness of responsible use of the planet's resources and reducing the use of plastic.

In order to minimize the use of plastic we commit to:

- Buy products that do not have plastic containers, with particular attention to personal hygiene products.
- Avoid the use of single-use plastic bottles and use personal bottles made of metal or other washable and reusable material.
- Continue to secure water dispensing points to refill personal bottles.
- Avoid purchasing mineral water in plastic bottles. When not possible, prefer brands that use recycled plastic and recycle the bottles themselves in recycling systems. Or join local initiatives, such as the ATAC initiative "more recycling, more travel" (city of Rome), i.e. hand in plastic bottles at the appropriate counters to receive metro/bus tickets in exchange.
- Replace plastic with washable and/or recyclable and/or biodegradable materials (e.g. plates, cutlery, glasses).
- Purchase food items, such as milk and juice, in non-plastic packaging.
- Use coffee pods made from biodegradable materials.
- Purchase household cleaning products (in nonministry settings) and laundry on tap by filling containers that are reused again.
- Use cloth or other recyclable bags for shopping, avoiding single-use bags.
- Raise awareness about reducing plastic use among both our staff in ministries and the youth and children we serve in the educational apostolate.
- Also use other resources (such as food and water) with great care, recycling various waste products as much as possible, as is done in Tanzania to feed animals.
- Follow your own country's directives on this matter for both Tanzania and Italy (Commissione Europea Commission Implementing Decision (EU) 2022/162 del 4 febbraio 2022 (https://ec.europa.eu/environment/topics/plastics/single-use-plastics_it))

REGIONE SAN FRANCESCO D'ASSISI

Piano d'azione per la riduzione e l'eliminazione della plastica monouso

***Obiettivo Laudato Si: adozione di stili di vita sostenibili**

L'Adozione di Stili di vita Sostenibili si fonda sull'idea di sufficienza e promuove la sobrietà nell'uso delle risorse e dell'energia. Le azioni potrebbero includere la riduzione dei rifiuti e il riciclo, l'adozione di abitudini alimentari sostenibili (optando per una dieta più a base di vegetali e riducendo il consumo di carne), un maggiore uso dei trasporti pubblici, la mobilità attiva (camminare, andare in bicicletta) ed evitare l'uso di articoli monouso (ad esempio plastica).

AZIONI PER ATTUARE LA NORMATIVA SULLA PLASTICA

Nella Regione San Francesco d'Assisi è cresciuta la sensibilità per un uso responsabile delle risorse del pianeta e per la riduzione dell'uso della plastica.

Al fine di ridurre al minimo l'uso della plastica ci impegniamo a:

- Acquistare prodotti che non abbiano contenitori di plastica, con particolare attenzione ai prodotti per l'igiene personale.
- Evitare l'uso delle bottigliette di plastica monouso e utilizzare bottiglie personali di metallo o altro materiale lavabile e riutilizzabile.
- Continuare a garantire punti di erogazione dell'acqua per riempire le bottiglie personali.
- Evitare l'acquisto di acqua minerale in bottiglie di plastica. Quando non sia possibile, preferire le marche che utilizzano plastica riciclata e riciclare le bottiglie stesse negli appositi sistemi. Oppure aderire a iniziative locali, ad esempio all'iniziativa ATAC "più ricicli più viaggi" (città di Roma), ossia consegnare negli appositi sportelli le bottiglie di plastica per ricevere in cambio i biglietti di metro/bus.
- Sostituire la plastica con materiali lavabili e/o riciclabili e/o biodegradabili (es. piatti, posate, bicchieri).
- Acquistare prodotti alimentari, come latte e succhi di frutta, in confezioni non di plastica.
- Utilizzare cialde per caffè confezionate in materiali biodegradabili
- Acquistare prodotti per la pulizia della casa (negli ambienti non dedicati ai ministeri) e per il lavaggio della biancheria "alla spina" riempiendo contenitori che vengono nuovamente riutilizzati.
- Utilizzare borse di stoffa o altre riciclabili per fare la spesa, evitando le buste monouso.
- Sensibilizzare alla riduzione dell'uso della plastica sia nostri collaboratori nei ministeri, sia i giovani e i bambini che serviamo nell'apostolato educativo.
- Utilizzare anche altre risorse (come alimenti ed acqua) con grande attenzione, riciclando il più possibile i vari prodotti di scarto, come viene fatto in Tanzania per nutrire gli animali.
- Seguire le direttive del proprio paese in questa materia sia per la Tanzania, come per l'Italia (Commissione Europea Commission Implementing Decision (EU) 2022/162 del 4 febbraio 2022 (https://ec.europa.eu/environment/topics/plastics/single-use-plastics_it))

ST. CLARE OF ASSISI REGION
Plan for reducing and eliminating single-use plastic

March 17, 2022 - in progress

OVERVIEW

Our Region desires to continue our work to "address the cry of the earth" to reduce or eliminate the use of single-use plastics. We wish to take action as part of the Vatican's Seven-Year Laudato Si plan for environmental sustainability.

We are following the guidance of Father Joshtrom Kureethadam, leader of the Ecology and Creation Section of the Vatican Dicastery, suggesting the tasks of the various years. We, therefore, present our beginning plan:

GOALS

- 1. Reduce use of single-use plastics among Sisters of the Region**
- 2. Reduce use of single-use plastics in Franciscan Courts among staff**
- 3. Inspire staff to reduce single use plastics in their homes and spheres of influence**

Year One - 2022 - Develop concrete action plans

- April 22-23, 2022 - At Regional Assembly
 - Distribute to Sisters (as a hospitality gift) a reusable cloth bag for shopping
 - Celebrate Earth Day (April 22)
 - Present rationale for addressing plastics;
 - In a group process, invite Sisters to review alternative ideas for addressing use of single-use plastics. Table discussion to identify their best ideas. Post ideas on the wall. Gain their commitment
- April-May - Develop a Committee for the Franciscan Courts to address plastic use in the facility and among the employees. This will be a multidisciplinary committee who will identify possible alternatives, and still consider Covid precautions.
- May - July - Develop a Commitment /Guideline Statement
- August - December - 2022
- Finalize plan for the next two years (2023 - 2025);
- Communication of plan- Newsletter, Facebook, Website
- Continue assessment of response by the Sisters based on Policy put forward above
 - Prayer - Season of Creation and Feast of St Francis, and other occasions - Focus on Plastics

Year Two and Three - 2023 -2024

- Implementation of the plan developed in 2022

2025 - Assess progress and redefine specific plans for 2026-2027

2026-2027 - Implement revised plan

2028 - Celebrate